

MODUS

Controlled pH Skin Care System

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The Method for Psoriasis

Morning

1. Wash affected areas with **CLEANSE (Stage 1)** – after rubbing the cleanser into the areas completely, allow the foam to absorb into the skin. This step should take at least 3 minutes, before you rinse with warm water and pat dry. Allow to air dry completely before moving to the next step.
 2. Apply **STABLE-C, Vitamin C Serum (Stage 3)** (~10-12 drops) in a uniform method upon the surface of the affected areas and/or lesions. Rub vigorously into the skin until it is fully absorbed. Do NOT wash/rinse area after serum is applied.
 3. Apply **pHADE 10%, Skin Tone Balancer (Stage 4)** - apply the cream – (double amounts) in uniform method upon the surface of the affected areas until fully absorbed.
 4. Apply **Regenerate, Restoration Cream (Stage 7)** in a uniform method on the affected areas until fully absorbed.
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Evening

1. Wash affected areas with **CLEANSE (Stage 1)** as per the morning regimen.
2. Apply **STABLE-C, Vitamin C Serum (Stage 3)** (~ 10-12 drops) in uniform method upon the surface of the affected areas and/or lesions. Rub vigorously into the skin until it is fully absorbed. Do NOT wash/rinse area after serum is applied.
3. Apply **MELATONIN 0.03%, Therapeutic Cream (Stage 8)** generously upon the surface of the affected area. Massage cream uniformly until fully absorbed.