

# MODUS

Controlled pH Skin Care System

[www.modusskincare.com](http://www.modusskincare.com)

## The Regimen for Skin Rejuvenation for Any Age

### Morning

- ∞ Vigorously wash face, neck with **PrepH (Stage 1)** – During this process, wet your face and then rub the cleanser (with your hands) into the face, neck, and forehead for ~2 min then allow the foam to absorb into the skin. This step should take at least 3 minutes, before you rinse your face with warm water and pat dry. Allow to air dry completely before moving to the next step.
- ∞ Apply **PURiPHY, pH Modifier (Stage 2)** - Using a single cotton disc, wipe the solution in uniform manner all over the face, excluding the contour of your eyes, holding occasionally in place on the pores of your cheeks, forehead, and nose. Perform this step until the cotton disc is relatively dry. Proper application should take several minutes. This solution must dry fully before proceeding to allow pores to close completely.
- ∞ Apply **STABLE-C, Vitamin C Serum (Stage 3)** (~10-12 drops or half the eyedropper) in a uniform method upon the surface of your face and forehead. Using 1 hand, rub vigorously into the skin until it is fully absorbed. Be careful NOT to touch the skin with the eyedropper and Do NOT wash/rinse area after serum is applied. Wash hands thoroughly to avoid staining the fingers and palm.
- ∞ Apply **REGENERATE, Restoration Cream (Stage 7)** in a uniform method in and around the contour of the eyes until fully absorbed.
- ∞ Apply **MELATONIN 0.03%, Therapeutic Cream (Stage 8)** - apply ¼ gram amount upon the surface of your face and forehead. Massage cream uniformly until fully absorbed into the skin. Wash hands thoroughly.

*\*At this point, it is important to apply a good sunscreen – minimum SPF30.*

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## The Regimen for Skin Rejuvenation for Any Age Night

- ∞ Wash affected areas with **PrepH (Stage 1)** as per the morning regimen.
- ∞ Apply **PURIPHY (Stage 2)** - Using a single cotton disc, wipe the solution in uniform manner all over the face, excluding the contour of your eyes, holding occasionally in place on the pores of your cheeks, forehead, and nose as per the morning regimen
- ∞ Apply **STABLE-C, Vitamin C Serum (Stage 3)** (~10-12 drops or half the eye-dropper) in a uniform method upon the surface of your face and forehead as per the morning regimen.
- ∞ Apply **REGENERATE, Restoration Cream (Stage 7)** in a uniform method in and around the contour of the eyes until fully absorbed as per the morning regimen.
- ∞ Apply **MELATONIN 0.03%, Therapeutic Cream (Stage 8)** generously upon the surface of your face, forehead, neck and chest area. Massage cream uniformly until fully absorbed into the skin. Again, wash hands thoroughly.

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