

MODUS

Controlled pH Skin Care System

www.modusskincare.com

The Regimen for Skin Rejuvenation of the Face – Minimal MODUS

Morning and/or Evening

- ∞ **MEN: PrepH (Stage 1)** – When preparing to wash & shave, wet your face and then rub the cleanser (with your hands) into the face, neck, and forehead creating a foamy lather. This step should take at least 2 minutes, before you shave or rinse your face with warm water and pat dry. Allow to air dry completely before moving to the next step.
- ∞ **WOMEN:** Vigorously wash face, neck with **PrepH (Stage 1)** – During this process, wet your face and then rub the cleanser (with your hands) into the face, neck, and forehead for 2 min then allow the foam to absorb into the skin. This step should take at least 3 minutes, before you rinse your face with warm water and pat dry. Allow to air dry completely before moving to the next step.
- ∞ Apply **STABLE-C, Vitamin C Serum (Stage 3)** (-10-12 drops = half the eye-dropper) in a uniform method upon the surface of your face and forehead. Using 1 hand, rub vigorously into the skin until it is fully absorbed. Be careful NOT to touch the skin with the eyedropper and Do NOT wash/rinse area after serum is applied. Wash hands thoroughly to avoid staining the fingers and palm.
- ∞ Apply **MELATONIN 0.03%, Therapeutic Cream (Stage 8)** - apply ¼ gram amount upon the surface of your face and forehead. Massage cream uniformly until fully absorbed into the skin. Wash hands thoroughly.

**At this point, it is important to apply a good sunscreen – minimum SPF30.*

Distributed by:

rejuvenatus Inc.

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